**GRADE: NCAS HSI-Proficient**

**Dance/Creating (Cr)**

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| **Cr1.a Creating (Explore)**a. Explore a variety of stimuli for sourcing movement to develop an improvisational or choreographed dance study. Analyze the process and the relationship between the stimuli and the movement. (*NCAS* DA:Cr1.1.HSI.a) |
| **Cr1.b Creating (Explore)**b. Experiment with the elements of dance to explore personal movement preferences and strengths, and select movements that challenge skills and build on strengths in an original dance study or dance. (*NCAS* DA:Cr1.1.HSI.b) |
| **Cr2.a Creating (Plan)**a. Collaborate to design a dance using choreographic devices and dance structures to support an artistic intent. Explain how the dance structures clarify the artistic intent.  (*NCAS* DA:Cr2.1.HSI.a) |
| **Cr2.b Creating (Plan)**b. Develop an artistic statement for an original dance study or dance. Discuss how the use of movement elements, choreographic devices and dance structures serve to communicate the artistic statement. (*NCAS* DA:Cr2.1.HSI.b) |
| **Cr3.a Creating (Revise)**a. Clarify the artistic intent of a dance by manipulating choreographic devices and dance structures based on established artistic criteria and feedback from others. Analyze and evaluate impact of choices made in the revision process. (*NCAS* DA:Cr3.1.HSI.a) |
| **Cr3.b Creating (Revise)**b. Compare recognized systems to document a section of a dance using writing, symbols, or media technologies (*NCAS* DA:Cr3.1.HSI.b) |

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**Dance/ Performing (Pr)**

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| **Pr4.a Performing (Express)**a. Develop partner and ensemble skills that enable contrasting level changes through lifts, balances, or other means while maintaining a sense of spatial design and relationship. Use space intentionally during phrases and through transitions between phrases. Establish and break relationships with others as appropriate to the choreography. (*NCAS* DA:Pr4.1.HSI.a) |
| **Pr4.b Performing (Express)**b. Use syncopation and accent movements related to different tempi. Take rhythmic cues from different aspects of accompaniment. Integrate breath phrasing with metric and kinesthetic phrasing.  (*NCAS* DA:Pr4.1.HSI.b) |
| **Pr4.c Performing (Express)****c.** Connect energy and dynamics to movements by applying them in and through all parts of the body. Develop total body awareness so that movement phrases demonstrate variances of energy and dynamics. (*NCAS* DA:Pr4.1.HSI.c) |
| **Pr5.a Performing (Embody)**a. Embody technical dance skills (for example, functional alignment, coordination, balance, core support, clarity of movement, weight shifts, flexibility/range of motion) to retain and execute dance choreography. (*NCAS* DA:Pr5.1.HSI.a) |
| **Pr5.b Performing (Embody)**b. Develop a plan for healthful practices in dance activities and everyday life including nutrition and injury prevention. Discuss implementation of the plan and how it supports personal performance goals. (*NCAS* DA:Pr5.1.HSI.b) |
| **Pr5.c Performing (Embody)**c .Collaborate with peers to establish and implement a rehearsal plan to meet performance goals. Use a variety of strategies to analyze and evaluate performances of self and others (for example, use video recordings of practice to analyze the difference between the way movements look and how they feel to match performance with visual affect). Articulate performance goals and justify reasons for selecting particular practice strategies. (*NCAS* DA:Pr5.1.HSI.c) |
| **Pr6.a Performing (Present)**a. Demonstrate leadership qualities (for example commitment, dependability, responsibility, and cooperation) when preparing for performances. Demonstrate performance etiquette and performance practices during class, rehearsal and performance. Post-performance, accept notes from choreographer and apply corrections to future performances. Document the rehearsal and performance process and evaluate methods and strategies using dance terminology and production terminology. (*NCAS* DA:Pr6.1.HSI.a) |
| **Pr6.b Performing (Present)**b. Evaluate possible designs for the production elements of a performance and select and execute the ideas that would intensify and heighten the artistic intent of the dances. (*NCAS* DA:Pr6.1.HSI.b) |

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**Dance/Responding (Re)**

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| **Pr7.a Responding (Analyze)**a. Analyze recurring patterns of movement and their relationships in dance in context of artistic intent. (*NCAS* DA:Re7.1.HSI.a) |
| **Pr7.b Responding (Analyze)**b. Analyze the use of elements of dance in a variety of genres, styles, or cultural movement practices within its cultural context to communicate intent. Use genre-specific dance terminology. (*NCAS* DA:Re7.1.HSI.b)  |
| **Pr8.a Responding (Interpret)**a. Select and compare different dances and discuss their intent and artistic expression. Explain how the relationships among the elements of dance, use of body, dance technique, and context enhance meaning and support intent using genre specific dance terminology. (*NCAS* DA:Re8.1.HSI.a) |
| **Pr9.a Responding (Critique)**a. Analyze the artistic expression of a dance. Discuss insights using evaluative criteria and dance terminology. (*NCAS* DA:Re9.1.HSI.a) |

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**Dance/Connecting (Cn)**

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| **Cn10.a Connecting (Synthesize)**1. Analyze a dance to determine the ideas expressed by the choreographer. Explain how the perspectives expressed by the choreographer may impact one’s own interpretation. Provide evidence to support one’s analysis. (*NCAS* DA:Cn10.1.HSI.a)
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| **Cn11.s Connecting (Relate)**a. Analyze and discuss dances from selected genres or styles and/or historical time periods, and formulate reasons for the similarities and differences between them in relation to the ideas and perspectives of the peoples from which the dances originate. (*NCAS* DA:Cn11.1.HSI.a) |